Visual Guide

What is a visual guide?

A Visual Guide has information and pictures to prepare you for your visit to the venue and performance. If you have any questions, please contact Soho Theatre:

Phone 020 7478 0100
Email: access@sohotheatre.com
What is the show?
Not Your Circus Dog Collective and Access All Areas present

NOT F**KIN’ SORRY

Access All Areas
Makes urban, disruptive performance by learning-disabled and autistic artists.

Through our performance company we support the development of some of the world’s leading learning disabled creatives, and run a range of programmes for learning disabled people with a wide range of access needs.

Where is the show?
Soho Theatre
What space is the show in?

The show is in the **Theatre Upstairs**.

This is on the **3rd floor**.

You can use the **stairs or a lift**.

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Soho Theatre Bar

This is where you can have a drink before or after the show.

You might also wait in here, until the Front of House Team announce that you can go upstairs.

You will hear this: **The house is now open on the third floor for Not F**king Sorry.**

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Member of Front of House Team

A member of the **Front of House team** will be on the third floor, to help you know where to sit. They **can also answer any questions** you may have.

They will be dressed like this.
<table>
<thead>
<tr>
<th>Cast</th>
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<tbody>
<tr>
<td><strong>Stephanie Newman</strong></td>
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Stephanie graduated from Access All Areas’ 2016 Performance Making Diploma at the Royal Central School of Speech and Drama.

Since then Stephanie performed as part of cabaret group Not Your Circus Dog in *Not F**kin Sorry*, at the WOW Festival and at the Royal Vauxhall Tavern Duckie. Stephanie also performed in *Joy* at Theatre Royal Stratford East.

| **Xandri Selwyn** |

Emma graduated from Access All Areas’ 2016 Performance Making Diploma at the Royal Central School of Speech and Drama.

Since then, they have performed 2 solo shows (*My Hands and Feet are Wiggling* and *#Binariesbegone*) and also performed as part of cabaret group Not Your Circus Dog in *Not F**kin Sorry*. *#Binariesbegone* has also been performed at the Battersea Arts Centre and at the Autism Arts Festival.

| **Adam Smith** |

Adam is a musician, composer and actor. He graduated with a BMus Music degree from Goldsmiths in 2013. Adam also graduated from Access All Areas’ 2016 Performance Making Diploma at the Royal Central School of Speech and Drama.

Adam has performed with Facefront, Theatre Royal Stratford East, Vital Exposure, Blue Sky Actors and Mind the Gap.
Adam has also composed music for Madhouse Re:Exit and Not F**kin Sorry.

**DJ (Housni Hassan)**


DJ graduated from Access All Areas’ 2016 Performance Making Diploma at the Royal Central School of Speech and Drama. He performed in their 2018 production of Madhouse Re:exit at Shoreditch Town Hall and The Lowry.

**Liselle Terret – Director**

**Heather Johnson - Assistant Director**

**Creative Enablers**
Heather Johnson  
Elinor Keber  
Lucy Andrews

**Production Team**
Else Waite – Stage Manager  
Emily Norris – Assistant Stage Manager  
Daisy Hale - Producer  
Tim Kelly – Lighting Designer  
Anna Clock – Sound Designer  
Lou Cope - Dramaturg  
Janine Fletcher – Movement Coach
Audience Information

How long does the play last?
- The performance lasts for 1 hour
- There is no interval

Trigger Warnings

In the show there is:
- Music
- Swearing
- Talking about sex
- Talking about hate crime
- Some audience participation including dancing. You do not have to do this if you don’t want to.
- Singing out to the audience
- Actors handing out sweets
Relaxed Performance
The show will happen in a relaxed environment.

- There will be lights on in the theatre.
- You can move around during the performance, or leave the space at any time.
- You can make noise.
- There will be a chill out zone.

Ear Defenders
If you have ear defenders, you can bring them with you. There are also ear defenders at Box Office. There are also ear plugs outside the venue that you can use. You can ask staff for these.

Chill-Out Area
There is a chill-out area, just outside the performance space on the 3rd floor. A member of the Front of Team can show you where this is.

The door has a sign on the door saying - Chill Out Space

You can use this room at any time during the show.
What happens in the show?

Beginning
When you come into the auditorium, you will be given 4 green tokens.

The show starts with the 4 actors on stage wearing long jackets. The actors dance and take off their coats. The actors tell you that you can put your green tokens into their bucket if you like what they are doing in the show.

Adam performs a solo song, Leave Your Hat On.
Middle

The actors play the game **Countdown**. Stephanie is the presenter.

We hear the voices of some comedians making fun of disabled people. The actors pretend they are saying these things.

Stephanie does a dance.

Xandri talks about disability hate crime. They talk about people who have died.

DJ dances to *Another One Bites The Dust*.

All the actors come on stage, stand in a line and slowly take off their clothes. They are just wearing vests and shorts.

Adam gives Love Heart sweets to the audience.

The actors play a game called ‘Yes We Can Have Sex’.

The actors talk about sex and their fantasies. The actors tell the audience they want to have sex with them or marry them.
Ending

DJ performs a dance to *I Wanna be Loved By You*. The other actors join in. You can join in too if you want.

The actors talk about how many coins they have in their buckets.

The actors dance to the song *F**k You*.

You can join in if you want to.

The show is finished.
Access

If you have any access requirements please call or email the customer manager email before you come and see the show.

Call
020 7478 0100 and choose option 1

Email

Or you can email the Customer Manager

juliemarshall@sohotheatre.com

Go online

www.sohotheatre.com/dean-street/access/